



Wintering: Warmly Coming Together Online Half Day Retreat

Led by Suzanne Kilkus and Ilene Kelfer
Saturday, February 5, 2022, 1 - 5p CT

Mitta ~ Friend

*Full of trust you left home,
and soon learned to walk the Path—
making yourself a friend to everyone
and making everyone a friend.*

*When the whole world is your friend,
fear will find no place to call home.*

*And when you make the mind your friend,
you'll know what trust
really means.*

Listen.

I have followed this Path of friendship to its end.

*And I can say with absolute certainty—
it will lead you home.*

—The First Free Women: Poems of the Early Buddhist Nuns,
by Matty Weingast

The writer, Katherine May, has coined the word “wintering” to mean a season of the natural world, a respite our bodies require, and a state of mind which is a helpful container for this difficult ongoing pandemic time: all as one vast extended communal experience. Spiritual friendship is the foundation for our relational practice and our mind’s container. In this afternoon winter retreat, coming together in spiritual friendship we will engage and explore our experience of wintering so that we may receive its offerings.

**To register for this online retreat go to ODZC’s Retreat page at:
<https://opendoorzencommunity.org/zen-events-retreats-workshops/>**

The suggested dana, or payment, for the retreat is \$30 per household. However, pay any amount that fits your circumstances. This dana is not tax deductible.

Registration is open through Friday, February 4.

Please note that the retreat will be recorded.

For questions email: opendoorzencommunity@gmail.com

For more information about Open Door Zen Community, visit opendoorzencommunity.org